

WHITBY FIGURE SKATING CLUB

2026-2027 FALL / WINTER WEEKLY PROGRAM SCHEDULE

As of August 4th 2026 (Subject to change)

MONDAY				TUESDAY					
ON-ICE · Thermo Fisher #2		ON-ICE · Whitby Toyota #3		DRYLAND · Dryland Room		ON-ICE · Whitby Toyota #3		DRYLAND · Dryland Room	
Time	Session	Time	Session	Time	Session	Time	Session	Time	Session
3:30 PM	START	3:30 PM	START	4:30-5:30 PM	Competition Prep 2 Dryland	3:30 PM	START	4:00-4:30 PM	STAR 2/3 Dryland
3:30-3:40 PM	Flood	3:30-4:30 PM	STAR 3+ <i>(Spins / Skating Skills 4:15-4:30)</i>	5:30-6:30 PM	Competition Prep 1 Dryland	3:30-4:30 PM	STAR 5+ <i>(Spins / Skating Skills 4:15-4:30)</i>	4:30-4:40 PM	Break
3:40-5:00 PM	Competition Prep 1 <i>(+15 points)</i>	4:30-4:40 PM	Flood	6:30-7:00 PM	STAR 2/3/4 Dryland	4:30-4:40 PM	Flood	4:40-5:40 PM	STAR 4/5 Dryland
5:00-5:10 PM	Flood	4:40-5:10 PM	Pre-CanSkate <i>(3-5 yrs)</i>	7:00-8:00 PM	STAR 7+ Dryland	4:40-5:40 PM	STAR 2/3 <i>(Spins / Skating Skills 5:25-5:40)</i>	5:40-5:50 PM	Break
5:10-6:00 PM	Rising Stars / STAR 1	5:10-6:00 PM	Advanced CanSkate <i>(Badge 4-6)</i>			5:40-5:50 PM	Flood	5:50-6:50 PM	STAR 6/7 Dryland
6:00-6:10 PM	Flood	6:00-6:10 PM	Flood	DRYLAND · DRESSING ROOM 2		5:50-6:50 PM	STAR 4/5 <i>(Spins / Skating Skills 6:35-6:50)</i>	6:50-7:00 PM	Break
6:10-7:30 PM	Competition Prep 2	6:10-7:00 PM	Beginner CanSkate <i>(Badge 1-3)</i>	Time	Session	6:50-7:00 PM	Flood	7:00-8:00 PM	STAR 8+ Dryland
7:30 PM	END	7:00-7:10 PM	Flood	4:30-5:00 PM	Rising Stars Dryland	7:00-8:10 PM	STAR 6/7 <i>(Spins / Skating Skills 7:55-8:10)</i>	8:00-8:20 PM	Break
		7:10-8:10 PM	STAR 2/3/4 <i>(Spins / Skating Skills 7:55-8:10)</i>			8:10-8:20 PM	Flood	8:20-9:20 PM	Adult STARSkate Dryland
		8:10-8:20 PM	Flood			8:20-9:30 PM	STAR 8+ <i>(Spins / Skating Skills 9:15-9:30)</i>		
		8:20-9:30 PM	STAR 7+ <i>(Spins / Skating Skills 9:15-9:30)</i>			9:30-9:40 PM	Flood		
		9:30-9:40 PM	Flood			9:40-10:30 PM	Adult STARSkate / Competitive 16+		
		9:40-10:30 PM	Adult CanSkate			10:30 PM	END		
		10:30 PM	END						

WEDNESDAY				THURSDAY					
ON-ICE · Canadian Tire #1		ON-ICE · Whitby Toyota #3		DRYLAND · Dryland Room		ON-ICE · Whitby Toyota #3		DRYLAND · Dryland Room	
Time	Session	Time	Session	Time	Session	Time	Session	Time	Session
3:45 PM	START	3:30 PM	START	4:00-4:30 PM	Rising Stars Dryland	3:30 PM	START		
3:45-3:55 PM	Flood	3:30-3:40 PM	Flood	4:30-4:40 PM	Break	3:30-3:40 PM	Flood		
3:55-4:45 PM	Intermediate Power Skating	3:40-4:40 PM	STAR 5+ *(Spins / Skating Skills 4:25-4:40)*	4:40-5:40 PM	STAR 2/3/4 Dryland	3:40-4:30 PM	STAR 3+ *(Spins / Skating Skills 4:15-4:30)*		
4:45-4:55 PM	Flood	4:40-4:50 PM	Flood	5:40-5:50 PM	Break	4:30-4:40 PM	Flood		
4:55-5:45 PM	Advanced Power Skating	4:50-5:50 PM	Rising Stars / STAR 1	5:50-6:50 PM	STAR 5/6/7 Dryland	4:40-5:10 PM	Pre-CanSkate *(3-5 yrs)*		
5:45-5:55 PM	Flood	5:50-6:00 PM	Flood	6:50-7:00 PM	Break	5:10-6:00 PM	Beginner CanSkate *(Badge 1-3)*		
5:55-6:45 PM	Beginner Power Skating	6:00-7:00 PM	STAR 2/3/4 *(Spins / Skating Skills 6:45-7:00)*	7:00-8:00 PM	STAR 8+ Dryland	6:00-6:10 PM	Flood		No Dryland This Day
6:45 PM	END	7:00-7:10 PM	Flood			6:10-7:00 PM	Advanced CanSkate *(Badge 4-6)*		
		7:10-8:10 PM	STAR 5/6/7 *(Spins / Skating Skills 7:55-8:10)*			7:00 PM	END		
		8:10-8:20 PM	Flood						
		8:20-9:30 PM	STAR 8+ *(Spins / Skating Skills 9:15-9:30)*						
		9:30 PM	END						
FRIDAY			SATURDAY			SUNDAY			
ON-ICE · Whitby Toyota #3		DRYLAND · Dressing Room 2		ON-ICE · Whitby Toyota #3		DRYLAND · Dryland Room		ON-ICE · Whitby Toyota #3	
Time	Session	Time	Session	Time	Session	Time	Session	Time	Session
3:30 PM	START	6:00-6:30 PM	Rising Stars Dryland	9:00 AM	START	10:20-11:20 AM	STAR 2/3 Dryland	9:00 AM	START
3:30-3:40 PM	Flood			9:00-10:00 AM	STAR 2/3 *(Spins / Skating Skills 9:45-10:00)*	11:20-11:40 AM	Break	9:00-9:50 AM	Beginner CanSkate *(Badge 1-3)*
3:40-4:40 PM	STAR 8+ *(Spins / Skating Skills 4:25-4:40)*			10:00-10:10 AM	Flood	11:40 AM-12:40 PM	STAR 4/5/6 Dryland	9:50-10:00 AM	Flood
4:40-4:50 PM	Flood			10:10-11:20 AM	STAR 4/5/6 *(Spins / Skating Skills 11:05-11:20)*	12:40-1:00 PM	Break	10:00-10:30 AM	Pre-CanSkate *(3-5 yrs)*
4:50-5:50 PM	Rising Stars / STAR 1			11:20-11:30 AM	Flood	1:00-2:00 PM	STAR 7+ Dryland	10:30-11:00 AM	Pre-CanSkate *(3-5 yrs)*
5:50-6:00 PM	Flood			11:30 AM-12:40 PM	STAR 7+ *(Spins / Skating Skills 12:25-12:40)*			11:00-11:10 AM	Flood
6:00-7:00 PM	STAR 2/3 *(Spins / Skating Skills 6:45-7:00)*			12:40-12:50 PM	Flood	DRYLAND · DRESSING ROOM 2		11:10 AM-12:00 PM	Advanced CanSkate *(Badge 4-6)*
7:00-7:10 PM	Flood			12:50-1:50 PM	Rising Stars / STAR 1	Time	Session	12:00-12:10 PM	Flood
7:10-8:10 PM	STAR 4/5/6 *(Spins / Skating Skills 7:55-8:10)*			1:50-2:00 PM	Flood	12:00-12:30 PM	Rising Stars Dryland	12:10-1:20 PM	STAR 3/4/5/6 *(Spins / Skating Skills 1:05-1:20)*
8:10-8:20 PM	Flood			2:00-2:50 PM	Beginner CanSkate *(Badge 1-3)*	2:10-2:40 PM	STAR 1 Dryland	1:20-1:30 PM	Flood
8:20-9:20 PM	STAR 6+ *(Spins / Skating Skills 9:05-9:20)*			2:50-3:00 PM	Flood			1:30-2:30 PM	STAR 7+ *(Spins / Skating Skills 2:15-2:30)*
9:20-9:30 PM	Flood			3:00-3:30 PM	Pre-CanSkate *(3-5 yrs)*			2:30-2:40 PM	Flood
9:30-10:30 PM	Adult STARSkate / Competitive 16+			3:30-4:00 PM	Pre-CanSkate *(3-5 yrs)*			2:40-3:30 PM	On-ice Conditioning
10:30 PM	END			4:00-4:10 PM	Flood			3:30-3:40 PM	Flood
				4:10-5:00 PM	Beginner CanSkate *(Badge 1-3)*			3:40-4:30 PM	Adult STARSkate / Competitive 16+
				5:00-5:10 PM	Flood			4:30 PM	END
				5:10-6:00 PM	Teen CanSkate *(9-16 yrs)*				No Dryland This Day
				6:00 PM	END				

■ STARSkate ■ CanSkate ■ Pre-CanSkate ■ Rising Stars ■ Specialty / Competition Prep ■ Adult ■ Power Skating ■ Flood
Schedule prepared for coach review - Session times and program groupings subject to change